



Subject routeway

Subject: Physical Education (PE)

1. Curriculum intent

Unity Community Primary School recognises the value of PE (Physical Education) as a subject that has a significant impact on the physical, social, emotional and intellectual skills of our students, including improved: leadership skills, communication skills, tolerance, independence, co-operation, loyalty, fairness, respect, and responsibility.

We follow the aims of the Statutory Framework for EYFS and the National Curriculum for physical education to ensure that all children:

- Develop competence to excel in a range of physical activities
- Are physically active for sustained periods of time
- Are given opportunities to engage in competitive sports and activities
- Lead healthy, active lives
- Are encouraged to use their creative skills

2. Implementation

PE is taught at Unity Community Primary School as a subject in its own right.

In Reception, children have a weekly 1-hour session provided by a Manchester City FC coach where the children work on fundamental movement skills. Children then have opportunities to use our outdoor area to develop their core strength, stability, balance, spatial awareness, co-ordination and agility. Natural climbing equipment in the Reception outdoor area has been carefully planned to offer a level of risk and challenge for the children.

Year 1 to Year 6 children have 1 outdoor games lesson and 1 gymnastics lesson each week. We teach lessons so that children:

- Have fun and experience success in sport
- Have the opportunity to participate in PE at their own level of development
- Secure and build on a range of skills
- Develop good sporting attitudes
- Understand basic rules
- Experience positive competition
- Learn in a safe environment
- Have a foundation for lifelong physical activity, leaving primary school as physically active

We use *Get Set 4 PE* to plan our lessons. Progression is built into the scheme which ensures our children are increasingly challenged as they move through the school. The curriculum planning in PE is carried out in three phases (long-term, medium-term and short term). The long-term plan maps out the PE activities covered in each term during each key stage.

Our medium-term plans give details of each unit of work for each term. These schemes of work provide an overview of the unit, links to other areas of the National Curriculum and assessment criteria for that unit. The short-term lesson plans provide opportunities for children of all abilities to develop their skills, knowledge and understanding in each activity area.

Children in Year 4 take part in swimming lessons run by the local swimming baths with the main aim of being able to swim 25m confidently.

3. Impact

Teachers monitor the progress of children in all PE lessons. As a school, we have clear expectations of what the pupils will know, understand and be able to do at the end of each Key Stage. Teachers are supported with resources to know how to prepare children for their next phase of education.

Children in Year 4 get assessed against the 3 swimming benchmarks.

4. Inclusion

At Unity, we believe that all children can take part in physical education. We include all children in PE by using the STEP approach to meet the needs of the learner:

- SPACE: changing distance, height, size, location
- TASK: changing rules, roles, progressions, conditions, complexity
- EQUIPMENT: changing what is being used to suit the learner
- PEOPLE: changing groupings or how the children play together

Our SENDCo provides teachers and SEN support staff the relevant details to support specific children in PE wherever appropriate.

5. Professional development

We use the scheme *Get Set 4 PE*, which provides the necessary resources and delivery information, to support teaching. There is also an opportunity to attend Get Set 4 PE CPD zoom sessions, provided by the scheme, to support the teaching of PE.

The PE coordinator has access to the Manchester PE Networking sessions, which also provide courses for teachers and also supports colleagues in their teaching. We use the Sports Premium Grant to provide further professional development opportunities for staff.