



Sports Premium Report 2022-23

Physical activity has numerous benefits for children and young people’s physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement.

At Unity Community Primary School, we firmly believe in the importance of Physical Education, School Sport and Physical Activity and want to promote healthy lifestyles.

By July 2023, Unity Community Primary School will have received a total of £18,400.

We will use the funding for 3 main aims:

- Promoting active life styles
- Developing staff confidence in teaching PE
- Offering children extra-curricular opportunities in sports

Objectives	Provision	Impact	Next steps
<p>Key indicator 1: The engagement of all pupils in regular physical activity</p>	<p>Use of qualified Sports coaches to deliver sports activities at lunchtimes for all year groups. Consider how to increase participation of girls.</p> <p>Use of qualified Sports coaches to deliver daily sessions for children with SEMH needs and health needs using sports to develop social skills.</p> <p>Cost: £13,900</p>	<p>Levels of engagement in physical activity at lunchtimes have been high this year. More girls are taking part in some of the sports, particularly volleyball and basket-ball.</p> <p>Weekly sessions have had an impact on most SEMH children who learnt to take turns, socialise in smaller groups and learnt how to play, win and lose.</p> <p>The impact on children with health issues has been more limited.</p>	<p>Carry on with involvement of coaches at lunch times.</p> <p>Explore strategies to engage girls and less active children in exercise and competitive sports at lunchtimes.</p>
<p>Key indicator 2: The profile of Physical Education, School Sport and Physical Activity being raised across the school as a tool for whole school improvement</p>	<p>Purchase high quality sports equipment for lunchtimes.</p> <p>Cost: £500</p>	<p>The availability of higher quality sports equipment has increased engagement in sporting activities at lunchtimes. Children have been able to make up their own games and engage in more active play activities.</p>	<p>Keep refreshing equipment so it is in good condition.</p>

<p>Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport</p>	<p>Purchase subscription to Get Set for PE planning software to support staff in planning high quality PE lessons. Cost: £600</p> <p>Gym CPD for teachers Cost: £900</p> <p>Manchester City Play coaches to deliver model PE sessions to develop staff's subject knowledge in Reception. Cost: £1100</p>	<p>Get Set 4 PE has been used to produce a Long-Term Plan, which includes a range of skills in line with the national curriculum, and shows progression throughout all year groups. Staff are using Get Set 4 PE lessons to deliver weekly, high quality PE lessons confidently.</p> <p>A gym coach has worked with teachers and children of all year groups to develop the delivery of high-quality gymnastics lessons, as well as to provide a gymnastics after-school club to help raise the profile of gymnastics.</p>	<p>To continue with Get Set 4 PE subscription.</p> <p>Explore other CPD opportunities based on teachers' needs.</p>
<p>Key indicator 4: Broader experience of a range of sports and activities offered to all pupils</p>	<p>Run after-school clubs for children to encourage extra-curricular activities and exercise. Cost: £1400</p>	<p>51 children took part in the after-school clubs run by specialist providers.</p> <p>17% had SEND needs 37% were in receipt of PPG</p>	<p>Carry on using specialist providers to run some of our clubs as they provide high quality extra-curricular opportunities.</p>

<p align="center">Meeting national curriculum requirements for swimming and water safety</p>	
<p>What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?</p>	<p align="center">20%</p>
<p>What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?</p>	<p align="center">20%</p>
<p>What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?</p>	<p align="center">0%</p>

Swimming lessons for this year group were negatively affected by the second lockdown from Jan-Mar 2021.